

August 2025

Aspen Villa

9803-101 Ave Morinville, Ab (780)939-1297

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
***	August Birthdays Judy - August 3 Mervin - August 14 Margaret - August 16				10:15 Walking Group 1 10:45 Puzzles and BORED Games 2:30 Welcome Tea for our new Resident's	2
2:00 Games with Rose	Statutory Holiday 4	9:30 Seated Yoga 10:00 Trivia 10:00 Duet Biking 10:30 Walking Group 1:30 Card Making	National Root Beer Float Day 10:00 Bingo 11:00 Walking Group 1:00 Interactive Projector Fun 2:30 Root Beer Floats	9:30 Seated Yoga 7 10:15 Catholic Mass 10:45 Trivia 1:00 You Be the Judge	10:00 Trivia 10:15 Walking Group 1:00 Active Games 2:30 Manicures	9
National S'more Day 10 2:00 Games with Rose	8:45 Outdoor Plant 11 Care 9:30 Creative Corner 1:00 Duet Biking 2:45 Music Therapy	9:30 Seated Yoga 12 10:00 Trivia 10:30 Walking Group 1:00 Spiritual Hour	10:00 Men's Club 1:00 Interactive Projector Fun 2:30 High Tea for the Ladies 5:30 Puppy Visits	9:30 Seated Yoga 10:15 Catholic Mass 10:45 Trivia 1:30 Card Making	10:45 Trivia 15 1:00 Wheel of Fortune 2:30 Visits with Morgan	16
2:00 Games with 17 Rose	8:45 Outdoor Plant Care 9:30 Hymn Sing with Esther and Family 1:00 Outdoor Walks 2:30 Villa Store	9:30 Seated Yoga 19 10:00 Trivia 10:30 Walking Group 2:30 Keno	9:30 Interactive Projector Fun 10:45 Walking Group 1:30 Monthly Birthday Party 3:00 Helping Hands	9:30 Seated Yoga 21 10:15 Catholic Mass 10:45 Trivia 1:00 Duet Biking 2:30 Resident Council	10:00 Trivia 22 10:15 Walking Group 1:00 Balloon Ball 3:00 Crafty Corner	1:00 Bingo 23
2:00 Games with 24 Rose	National Banana Split Day 8:45 Outdoor Plant Care 9:30 Name That Tune 1:00 Banana Split Making 2:45 Music Therapy	9:30 Seated Yoga 26 10:00 Trivia 10:30 Walking Group 1:30 Magazine Scavenger Hunt	1:00 Interactive Projector Fun 2:30 Duet Biking 5:30 Puppy Visits	9:30 Seated Yoga 10:15 Catholic Mass 10:45 Trivia 1:00 Travelling Tea Cups 2:30 Food Council Meeting	10:00 Trivia 29 10:15 Walking Group 11:00 Trip to The Mini Horse Farm 3:00 Helping Hands	30
2:00 Games with Rose						