

## August 2025

## Aspen House

Aspen House 9706-100 Ave Morinville, Ab (780) 939-1297

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	August Birthdays Werner - August 3 Ethel - August6 Irene - August 14 Christina - August 16				9:30 Exercises 1 1:00 Aspen Tuck Shop 1:00 Welcome Tea for our new Resident's	1:00 Aspen Tuck <b>2</b> Shop 2:30 Resident Led Bingo
3	Statutory Holiday 4	9:30 Walking Club 5 10:00 Duet Biking 1:00 Pictures on the Patio 2:30 Games with Diane	National Root Beer Float Day 6 10:00 Manicures and visits 1:00 Exercises (FITT athletics) 2:00 Aspen Tuck Shop 2:30 Root Beer Floats	9:30 Catholic Mass 7 11:00 1-1 Connections 1:00 Show And Tell 3:00 Outdoor Walks	9:30 News and Views 10:00 Trivia 12:00 Aspen Tuck Shop 1:00 Exercises (FITT athletics)	2:00 Aspen Tuck <b>9</b> Shop 2:30 Resident Led Bingo
National S'more Day <b>10</b> 9:30 Keno	10:45 Exercises (FITT <b>11</b> athletics) 11:00 Aspen Tuck Shop 1:00 Bingo 2:30 Crib Club	10:00 Baking 11:00 Quality Control Inspections (taste testing) 1:00 Spiritual Hour 2:30 Games with Diane	10:00 Men's Club 1:00 Exercises (FITT athletics) 2:00 Aspen Tuck Shop 2:30 High Tea for the Ladies 5:30 Puppy Visits	9:30 Catholic Mass <b>14</b> 11:00 1-1 Connections 1:00 Woman of Faith 2:30 Outdoor Plant Care	9:30 Balloon Ball 1:00 Aspen Tuck Shop 2:30 Wheel of Fortune 5:30 Happy Hour	1:00 Aspen Tuck <b>16</b> Shop 2:30 Resident Led Bingo
17	10:45 Exercises (FITT athletics) 11:00 Aspen Tuck Shop 1:00 Keno 2:30 Hymn Sing with Esther and Family	9:30 Walking Club <b>19</b> 10:00 Manicures 11:45 Lunch Club - Chinese Food 2:30 Games with Diane	10:00 Manicures and visits 1:30 Monthly Birthday Party 2:30 Aspen Tuck Shop 3:00 Manicures and visits	9:30 Catholic Mass <b>21</b> 11:00 1-1 Connections 1:00 Duet Biking 2:30 Resident Council	10:00 You Be the Judge 12:30 Aspen Tuck Shop 1:00 Exercises (FITT athletics) 2:30 Butterbean Auction	9:30 Coffee Club <b>23</b> 1:00 Aspen Tuck Shop 2:30 Resident Led Bingo
24	National Banana Split Day <b>25</b> 9:30 Bingo 10:45 Exercises (FITT athletics) 11:00 Aspen Tuck Shop 1:00 Banana Split Making	10:00 Who Am I, <b>26</b> What Am I? 2:30 Games with Diane	10:00 Interactive Projector Fun  1:00 Exercises (FITT athletics)  2:00 Aspen Tuck Shop 5:30 Puppy Visits	9:30 Catholic Mass 11:00 1-1 Connections 1:00 Woman of Faith 2:30 Food Council Meeting	9:30 Trivia 29 11:00 Trip to The Mini Horse Farm 1:00 Aspen Tuck Shop	1:00 Aspen Tuck <b>30</b> Shop 2:30 Resident Led Bingo
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